

## LISTING

*All times GMT London  
Programmes and times  
subject to change*

Watch daily live Mass @

<http://www.heavensroadfm.com/live-masses/>



### Sunday

0500/1100/1700/2300

**Shelagh's Stories** — each week Shelagh Godwin explores how faith motivates 'ordinary' people to try to make the world a better place for others

0600/1200/1800

**Angelus**

0605/1205/1805/2400

**Sunday Praise** — Hymns, prayers and readings with Bob Eagle



0700/1300/1900/0100

**New Dawn Evangelisation** — speakers from the Walsingham Conference proclaim their love of Jesus and the saving grace of the Holy Spirit

0800/1400/2000/0200

**The Rosary** — with Jacque Frances

0900/1500/2100/0300

**Catholic Lucky Dip** — stories of Faith and prayer

1000/1600/2200/0400

**The Rosary** — with Fr Jim Clarke

1030/1630/2230/0430

**Witnesses of Faith: Heroic Priests** — Aid to the Church in Need reports from around the world on the bravery of priests in times of conflict and despair



1045/1645/2245/0445

**Heart Song** — Ian Rose talks to parishioners about their lives and favourite hymns

### Monday

0500/1100/1700/2300

**Through a Poet's Eyes** — each week Gerry Coates chooses words and music on a special topic

0600/1200/1800

**Angelus**



0605/1205/1805/2400

**The World is Getting Hotter** — Gerry Coates takes a look at the climate crisis and suggests ways we can all help to avert disaster

0700/1300/1900/0100

**Catholic Kaleidoscope** — reports and interviews from people of faith

0800/1400/2000/0200

**The Rosary** — with Jacque Frances

0905/1505/2105/0305

**Sunday Praise** — Hymns, prayers and readings with Bob Eagle [repeat of yesterday]

1000/1600/2200/0400

**The Rosary** — with Fr Jim Clarke



1030/1630/2230/0430

**Listening with the Heart** — thoughts and meditations with Emily Westlake and friends

1045/1645/2245/0445

**Heart Song** (see Sunday for details)

### Tuesday

0500/1100/1700/2300

**Words of Life** — uplifting words and music introduced by Julie Hughes

0600/1200/1800

**Angelus**

0605/1205/1805/2400

**Jesus and the Gospels** — a chance to encounter Jesus more deeply with Fr Denis McBride CSsR



0700/1300/1900/0100

**Pause for Reflection** — prayers and reflections with Bishop Paul Hendricks, Maggie Quinn, Janet Heron and friends

0800/1400/2000/0200

**The Rosary** — with Jacque Frances

0900/1500/2100/0300

**Country Wise** — Christian country music introduced by Ian Rose

1000/1600/2200/0400

**The Rosary** — with Fr Jim Clarke

1030/1630/2230/0430

**God's Wonderful World** — thoughts on the sheer magnificence of our wonderful world with Jillie

1045/1645/2245/0445

**Heart Song** (see Sunday for details)



### Wednesday

0500/1100/1700/2300

**Pot Pourri** — a look at the Catholic world

0600/1200/1800

**Angelus**

0605/1205/1805/2400

**Church for the Poor** — programmes focusing on the work of Christian people and charities helping the marginalised in the UK and overseas



**0700/1300/1900/0100**

**Album of the Week** — each week we introduce the work of an aspiring Catholic Singer or choir: enjoy

**0800/1400/2000/0200**

**The Rosary** — with Jacque Frances

**0900/1500/2100/0300**

**Vocations** --- Priests, religious and lay people tell the stories of their individual journeys of Faith

**1000/1600/2200/0400**

**The Rosary** — with Fr Jim Clarke

**1030/1630/2230/0430**

**Watermeads Apostolate**

**Meditation** — the words of Fr John Daley and music of Alison Kennedy



**1045/1645/2245/0445**

**Heart Song** (see Sunday for details)

## Thursday

**0500/1100/1700/2300**

**Choice Classics** — a selection of the best classics and a chance to hear the stories of Catholic composers

**0600/1200/1800**

**Angelus**

**0605/1205/1805/2400**

**Island of Saints** — The British Isles has produced some remarkable saints — Stuart Burman tells their stories



**0700/1300/1900/0100**

**Words of Life** — uplifting words and music introduced by Julie Hughes

**0800/1400/2000/0200**

**The Rosary** — with Jacque Frances

**0900/1500/2100/0300**

**Reflecting with Paintings** — a chance to encounter God more deeply with Fr Denis McBride CSSR

**1000/1600/2200/0400**

**The Rosary** — with Fr Jim Clarke

**1030/1630/2230/0430**

**Moments of Inspiration** — with William Cocodia



**1045/1645/2245/0445**

**Heart Song** (see Sunday for details)

## Friday

**0500/1100/1700/2300**

**Fr Jim Clarke** — Reflects on Catholic Life with some choice words and music

**0600/1200/1800**

**Angelus**

**0605/1205/1805/2400**

**Talking Faith** — topical issues affecting today's Church presented by Lavoisier Fernandes



**0700/1300/1900/0100**

**Catholic Comfort** — each week a different story of faith overcoming adversity

**0800/1400/2000/0200**

**The Rosary** — with Jacque Frances

**0900/1500/2100/0300**

**Book Time -- Newman's Journey** — The life of Cardinal (now Blessed) John Henry Newman. Read by Andrew Nash. Written by Meriol Trevor

**1000/1600/2200/0400**

**The Rosary** — with Fr Jim Clarke

**1030/1630/2230/0430**

**Pause for Prayer** — daily thoughts by Sr Janet Fearnis FMDM from her time in Zambia



**1045/1645/2245/0445**

**Heart Song** (see Sunday for details)

## Saturday

**0500/1100/1700/2300**

**Gerry's Kind of Music** — Gerry Coates introduces some of his own music and talks about the old gospel blues singers and other Christian genres

**0600/1200/1800**

**Angelus**

**0605/1205/1805/2400**

**My Soul Delights** — Joy Joyson and Eileen O'Driscoll explore the beauty of Christian faith and the way God's love reaches out to each one of us



**0700/1300/1900/0100**

**Poetry Corner** — some old favourites and some brand new poems too from our volunteers and listeners

**0800/1400/2000/0200**

**The Rosary** — with Jacque Frances

**0900/1500/2100/0300**

**Musical Moments** — worship in the modern and Irish style to brighten your Saturday

**1000/1600/2200/0400**

**The Rosary** — with Fr Jim Clarke

**1030/1630/2230/0430**

**Changed** — How God transforms lives today

**1045/1645/2245/0445**

**Heart Song** (see Sunday for details)

